

Counseling & Group Support Resources

Counseling Resources

Edmonton Bereavement Centre: 454-1231
Provides support, group education, and lending library.

Family Centre:
Counseling Services: 424-5580
www.the-family-centre.com

Catholic Social Services:
Therapeutic Counselling: 420-1970
www.catholicsocialservices.ab.ca

YWCA Counseling Centre: 423-9922, ext. 222
www.ywcaofedmonton.org

Pilgrims Hospice Society: 413-9801
Offers Expressive Arts Therapy Program for bereaved children,
individual support, and bereavement support groups
www.pilgrimshospice.ca

Hope Foundation of Alberta: 492-1222
Provides counseling using methods suggested by hope research
www.ualberta/hope

The Support Network: 482-0198
Offers information and referral to community service agencies,
a 24-hour distress line, and suicide bereavement
www.thesupportnetwork.com

Psychologists' Association of Alberta: 424-0294
Offers province-wide referrals to members providing service in
requested areas of expertise.

Group supports

The Compassionate Friends
An international self-help group for all families who have experienced the
death of a child.
www.compassionatefriends.ca

Foundation for Families in Transformation (FFIT): 448-1180
Provides peer support programs for parents, children, and adolescents.

Workshops

Jane Simington: 473-6732

Teaches techniques to guide the healing journey of a wounded soul.

www.takingflightbooks.com

Verna Klimack, Soul Journers Ventures: 430-1002

Provides personalized memorial services, plus educational seminars.